

Anpetu Tokaheya	Anpetu Inunpa	Anpetu Oyamni	Anpetu Itopa	Anpetu Izapta
8 Egg/sausage/cheese on biscuit, apple sauce, grape juice Chicken nugget, fries, broccoli, pears	<ul> <li>9 Cereal, toast, mixed</li> <li>fruit, orange juice</li> <li>Roast beef in gravy,</li> <li>mashed potatoes, green</li> <li>beans, grapes</li> </ul>	10 Pancake wraps, pineapple chunks, apple juice Pizza, corn, banana	<ul> <li>11 French toast sticks,</li> <li>sausage, peaches, grape</li> <li>juice</li> <li>Tomato soup, grilled</li> <li>cheese, tropical fruit</li> </ul>	12 Cereal , toast, pears, orange juice Chicken fajita, refried beans, apple sauce
<ul> <li>15 Biscuit, sausage gra- vy, peaches, orange juice</li> <li>Meatballs in gravy, mashed potatoes, corn, pineapple</li> </ul>	16 Cereal, toast, mixed fruit, apple sauce Softshell taco, spanish rice, pears, apple juice	17 Mini pancake, sau- sage, pears, grape juice Scalloped Potatoes w/ ham, corn, banana	<ul> <li>18 Breakfast pizza, mandarin oranges, apple juice</li> <li>Cold turkey sandwich, baked beans, pears, chips</li> </ul>	19 Cereal, muffin, apple sauce, orange juice Cheeseburger Hotdish, mixed veggies, tropical fruit
22 Cereal, toast, peach- es, orange juice Dragon chicken, rice, broccoli, pineapple chunks	23 Mini pancake, sau- sage, pears, apple juice Super nachos, refried beans, orange	24 Cereal, toast, mixed fruit, grape juice Chicken nuggets, tri- tater, carrots, peaches	25 Egg omelet, toast, pears, apple juice Mostaccioli hotdish, mixed veggies, grapes	26 Breakfast pizza, ap- ple sauce, orange juice Pizza, corn, watermelon

29 Egg/sausage/cheese 30 Cereal, muffin, on biscuit, apple sauce, pears, grape juice orange juice Hamburger, tri-tater,

Chicken alfredo, carrots, corn, orange garlic toast

Skim, 1%, lactose free unfla<del>v</del>ored milk at each meal Skim chocolate milk on Mon & Thurs only Only 100% Juice & Whole Grains Served

Fresh Vegetables/Fruit available at lunch



menu subject to change