



Canpa Sapa Wi—2019

Mon

Tue

Wed

Thu

Fri

<p>19</p> <p>*Menu always subject to change</p>	<p>20</p>	<p>21</p> <p>Cereal, Toast, Fruit</p> <p>Tacos, Spanish Rice, Apple Sauce</p>	<p>22</p> <p>Mini Pancakes, Sausage, Fruit</p> <p>Hamburgers, Chips, Baked Beans, Watermel-</p>	<p>23</p> <p>Cereal, Little Long John, Fruit</p> <p>Pizza, Corn, Mandarin Oranges</p>
<p>26</p> <p>Pancake Wrap, Fruit</p> <p>Chicken Noodle Soup, Biscuit, Sliced Pears</p>	<p>27</p> <p>Cereal, Little Long John, Fruit</p> <p>Scalloped Potatoes, Ham, Broccoli, Sliced Bread, Tropical Fruit</p>	<p>28</p> <p>Breakfast Pizza, Fruit</p> <p>Green Dragon Chicken, Rice, Peas, Sliced Peaches</p>	<p>29</p> <p>Cereal, Toast, Fruit</p> <p>Corndogs, Triangle Hash-browns, Green Beans, Grapes</p>	<p>30</p> <p>Biscuits, Gravy, Fruit</p> <p>Chicken Fajita, Refried Beans, Pineapple Chunks</p>

All grains served are at least 55% whole

6 foot fresh garden bar is available daily

Fat Free, 1%, and Lactose/Fat Free unflavored milk are choices at each meal

Monday and Thursday Fat Free Chocolate Milk is an added option