

November 2018

Tahe Capşuŋ Wi

Mon

Tue

Wed

Thu

Fri

<p><u>Breakfast</u> is served with 100% Fruit & Juice, choice of unflavored skim, lactose free skim or 1% milk daily</p> <p><u>Lunch</u> is served with Garden Bar choices, choice of unflavored skim or 1% milk ,chocolate flavored skim milk , or lactose free skim milk daily</p>			<p>1 Cereal - Toast Fruit & Juice</p> <p>Chicken Strips Triangle Potatoes 5-way Mixed Vegetables Grape Bunches</p>	<p>2 Breakfast Pizza Fruit & Juice</p> <p>Corn Dogs Tater Tots Peas & Carrots Mix Watermelon</p>
<p>5 Cereal - Toast Fruit & Juice</p> <p>Spaghetti w/Meat Sauce Green Beans Pineapple Chunks</p>	<p>6 Mini Pancakes/Sausage Patty Fruit & Juice</p> <p>Meatballs w/Gravy & Mashed Potatoes - Corn - Sliced Bread Tropical Fruit</p>	<p>7 Biscuits & Gravy Fruit & Juice</p> <p>Tacos Refried Beans Applesauce</p>	<p>8 Cereal - Toast Fruit & Juice</p> <p>Chicken Fajitas Rice Sliced Peaches</p>	<p>9</p> <p style="text-align: center;">NO SCHOOL</p>
<p>12 Cereal - Little Long Johns Fruit & Juice</p> <p>Hamburgers Triangle Potatoes - Carrots Mandarin Oranges</p>	<p>13 Pancakes on a Stick Fruit & Juice</p> <p>Pizza Corn Grapes</p>	<p>14 Yogurt - Oatmeal Rounds Juice & Fruit</p> <p>Grilled Cheese Tomato Soup Tropical Fruit</p>	<p>15 French Toast - Sausage Patty Fruit & Juice</p> <p>Lasagna - Garlic Toast Peas & Carrots Sliced Pears</p>	<p>16 Cereal - Toast Fruit & Juice</p> <p>Chicken Patty on a Bun Fries - Corn Pineapple Chunks</p>
<p>19 Mini Pancakes - Sausage Patty Fruit & Juice</p> <p>Dragon Chicken Whole Grain Rice - Broccoli Mandarin Oranges</p>	<p>20 Cereal - Toast Fruit & Juice</p> <p>Pizza Broccoli Watermelon</p>	<p>21</p> <p style="text-align: center;">NO SCHOOL - FALL BREAK</p>	<p>22</p> <p style="text-align: center;">NO SCHOOL - FALL BREAK</p>	<p>23</p> <p style="text-align: center;">NO SCHOOL - FALL BREAK</p>
<p>26 Cereal - Little Long Johns Fruit & Juice</p> <p>Mostaccioli Dinner Breadsticks - Green Beans Mandarin Oranges</p>	<p>27 Breakfast Pizza Fruit & Juice</p> <p>Hot Dogs on a Bun Mac & Cheese - Peas Grapes</p>	<p>28 Oatmeal - Toast Fruit & Juice</p> <p>Super Nachos Refried Beans Sliced Pears</p>	<p>29 Biscuits & Gravy Fruit & Juice</p> <p>Chicken Noodle Soup Grilled Cheese Sandwich Apple</p>	<p>30 Boiled Egg, Cheese Stick Biscuit - Fruit & Juice</p> <p>Spaghetti - Garlic Toast Corn Sliced Peaches</p>